

Community

RESILIENCE
FOOD
ENERGY
AGRICULTURE
LIVELIHOODS
UP-CYCLING
ECO-TOURISM
BUILDING
FACILITATION
LEADERSHIP
ENTERPRISE


cultivate
living and learning

An Environmental Sustainability Training Course

Strategies for developing our communities to be healthier and more sustainable – backed by local economies that are stronger and more resilient.



May - June 2013 - Co. Clare

Places are limited on this course and, as it is LEADER supported, participants must have an address in Clare outside of Ennis. The 4 evening classes will take place in the Clare Education Centre, Kilrush Road, Ennis. There is a €10 fee

This course includes 4 two-hour evening classes, a field trip to Cloughjordan Ecovillage and a full day workshop.



Tuesday - 7th May - 7.30 - 9.30
Tuesday - 14th May - 7.30 - 9.30
Tuesday - 21st May - 7.30 - 9.30
Field-trip - Sunday 26th May
Tuesday - 4th June - 7.30 - 9.30
Workshop Saturday - 15th June



This training course has been developed for Clare Local Development Company by Cultivate

Clare Local Development Company

www.cldc.ie

For further information or to book a place on this course e-mail Davie Philip at davie@cultivate.ie 0505 56061

www.cultivate.ie



Comhshaol, Pobal agus Rialtas Áitiúil
Environment, Community and Local Government



Course Outline

Session 1 Tuesday - 7th May - 7.30 - 9.30

Deepening our Understanding of Sustainability

Introducing the principles of sustainable development & resilient communities. Environmental sustainability will be introduced and strategies to help us make the transition to a more sustainable community will be explored.

Session 2 Tuesday - 14th May - 7.30 - 9.30

Practical Sustainability in Community

This session will introduce ideas for community scale food, and enterprise. We will also explore approaches that can promote entrepreneurial development, strengthen the local economy, regenerate the environment and develop the resilience of communities in County Clare.

Session 3 Tuesday - 21st May - 7.30 - 9.30

Measuring What Matters

This session takes an asset based approach, which builds on existing community strengths to build stronger, more sustainable communities for the future. This module will look at how to develop sustainability indicators and carry out environmental impact assessment for the community.

Session 4 Sunday 26th May

An Eco Learning Journey

A field-trip to Cloughjordan in North Tipperary, winners of the national Green Community award. The trip includes the Ecovillage, which features 50 high-performance green homes, a Community Farm, a wood fired bakery, community gardens, the WeCreate green enterprise centre, over 20,000 newly planted trees as well as the country's largest renewable energy district heating system.

Session 5 Tuesday - 4th June - 7.30 - 9.30

Cultivating Community Catalysts

The aim of this session is to build the facilitation and communication capacity of participants as community champions to help develop and deliver sustainability projects and enterprises.

Session 6 Saturday - 15th June

Sustainable Community Workshop

This session is designed as a community consultation, which will be co-designed and hosted by course participants. The workshop, will encourage engagement from a number of sectors and aims to show how we could best collaborate to work for an environmentally sustainable future.

Course Materials

Community Catalyst Digital Toolkit

Participants will receive a memory stick loaded with 11 short films and animations produced by Cultivate, articles on sustainability and resilience as well as tips for facilitating and catalysing community action.

Cultivate Living and Learning provides access to the knowledge and tools to cultivate sustainable lifestyles and resilient communities. www.cultivate.ie



The overall objective of this training is to build the capacity of community catalysts to have an impact on the social, economic and environmental aspects of community life in Clare.

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